



American Heart Association®

**KIDS
HEART
CHALLENGE™**

**AMERICAN
HEART
CHALLENGE™**

Heart Hero



Julian

Advocate, Grade 5

Julian has always been passionate about helping others. When he was 4 years old, he told his parents he wanted to be a doctor and own a children's hospital where kids felt respected and safe. Julian was inspired to get involved with the Kids Heart Challenge because of his family's history with heart disease. When he was younger, his cousin needed heart surgery, and more recently, his aunt was saved from a cardiac arrest thanks to CPR.

Julian works to keep his heart healthy by playing basketball and taking walks with his family. He thinks both kids and adults should support the American Heart Association because together, we can make a difference.

The **Kids Heart Challenge** and **American Heart Challenge** funds research that helps kids have longer and stronger lives. Your support helps families have hope and for that they are so grateful.

Together, we are creating a world of longer, healthier lives.